
From: [REDACTED]
Sent: Tuesday, 10 March 2015 4:02 PM
To: redress
Subject: Sexual Abuse

The Royal Commission

Hope I have got the right email address. I was told to send an email to this email address. Had a set time to do it for a submission or comment, when I talked to an adviser from the Commission last week.

The closing date was the 5th of March and ringing this Commission last week they said I could be extended till the 9th of March. Sorry have not been able to write something within the time frame.

Now I have some time (not working) can speak my mind. Hopefully you may consider some of my thoughts and ideas.

Sexual Abuse to oneself is very personal and have avoid the subject as much as possible for years, and ran from people when they talked about the subject. But the last couple of years I have sensed a healing within myself as I can now talk about the subject, discreetly and wisely.

Thanks so much for this Royal Commission, has allowed one, to bring out into the open sexual abuse that happened to me.

One could say, the sexual abuse that happened to you was quiet innocuous and minor compared to others. That may be the case, but the betrayal and lack of support when I told others, left a scare in oneself. Only now coming to terms with it as I verbalize and analyze these experiences in my early years and teenage years.

This Commission has helped the wider society bringing awareness on a wider scale, for example five years ago tried to get some support and understanding on this topic at my local church. They were not helpful. Last week went to the same counselor he was much more understanding and supportive.

I guess the cumulative effect of the abuse in childhood and adolescence has left me with a disrespect of authority, and lack of confidence in oneself. But there is healing in the midst, thanks to this Commission.

In regard to redress on this topic, it's in the hands of God. For I listened to a [REDACTED] this morning she talked about her abuse at the hands of [REDACTED]. She's been able to rise above it and help others across the world that have been through similar and worse sexual abuse.

In a very much smaller scale I have been able to listen and talk to other's that have been through similar and worse experiences and show love and respect for them.

What can I do to redress the past, be happy for [REDACTED] married [REDACTED] found through scouts and guides. Where for myself the abuse kept me away from scouts for life. Can this be compensated for, it's in the hands of the commission.

Thanks for listening to me today sorry it's late.

Yours Faithfully

